“It is no exaggeration to say that in the Universal Declaration the family is at the very center of rights. The family is fundamental because, among other things, it is the seedbed of all the other rights delineated in the Universal Declaration. To make the world new following the devastation of the most destructive war in history, the UN built its structure of universal human rights squarely on the foundation of the family.”

—E. Douglas Clark, J.D.

The author:

E. Douglas Clark is an attorney and the Director of UN Affairs for the World Congress of Families sponsored by the Howard Center for Family, Religion and Society. Since 2001, Doug has been on the forefront of defending the family at the United Nations where he has played a key role as a lobbyist and consultant, helping to formulate strategy and providing legal advice in pivotal negotiations. He earned MBA and law degrees from Brigham Young University, and his legal career has included serving as Director of Content for the original Law.com website. Doug is also an avid student of religion and history, focusing on Islamic, Judaic and Christian traditions about Abraham and retracing his route through the Middle East.
On the morning of September 11, 2001, I arose in my Manhattan hotel and got ready for another day of the United Nations “PrepCom” (preparatory committee meeting) negotiations for the upcoming Special Session on Children—an event touching on family issues proving to be singularly divisive. Anticipating a long day inside the UN, I relished the fresh air and crystal blue sky that greeted me as I left the hotel. Perfect fall weather on a peaceful day, I remember thinking.

Coming within sight of the UN building, I was surprised to see policemen and a large crowd gathered outside. It had been evacuated, I learned, because a jet had crashed into one of the Twin Towers of the World Trade Center, raising a security concern at the UN. The tension seemed to mount as more police arrived while we waited for word that it was safe to enter. Finally an announcement came that the building was closed for the day and we should return home as quickly as possible.

I retraced my steps but continued past my hotel to where I could look south on 2nd Avenue. The street was filled with people streaming north, many walking briskly but some running. I was stunned by their expressions of confusion and terror. The scene seemed nearly surreal, as behind them loomed a mushrooming cloud of smoke, as if an atomic bomb had just exploded.

Several weeks later when I was again in Manhattan, I went with my friend Richard Wilkins to Ground Zero. The scene of devastation, combined with the stench of decaying human flesh, was nearly overwhelming. Instinctively I reached for my cell phone and called my wife, trying to describe to her in subdued tones what I was feeling. As I spoke, I noticed that Richard also had grabbed his phone and was talking with his wife. The coincidence struck me. In times of our greatest need and deepest emotion, it is to family that we instinctively turn.

The name “Ground Zero,” as it was applied to the site of the fallen World Trade Center, is derived from the term’s definition as “the point on the surface of the ground at which the explosion of an atom bomb occurs.” But there is another definition: “the very beginning: square one.” In this sense, the family itself is our ground zero, both individually and as a civilization.
The Family in the Universal Declaration

A banner to be remembered and understood

In the years since I stood at Ground Zero, I have come to view that experience as a kind of microcosm of what had transpired decades earlier: In the wake of the global catastrophe known as World War II, as mankind contemplated the horrible destruction, they likewise turned to family—as memorialized in the *Universal Declaration of Human Rights* in 1948.

Three years earlier at the creation of the United Nations, the *UN Charter* had committed Member States to promote “universal respect for, and observance of, human rights and fundamental freedoms for all without distinction as to race, sex, language, or religion.” But in the ensuing months as the world learned of the wartime Nazi atrocities, it became apparent that human rights needed greater definition and articulation. In the first meeting of the UN Commission on Human Rights, it was charged with the “task of…following up in the field of peace the fight which free humanity had waged in the fields of war, defending against offensive attacks the rights and dignity of man and establishing…a powerful recognition of human rights.” A declaration of human rights had to be created.

The drafting and negotiation process proved complex and arduous, requiring nearly a hundred official meetings (and numerous unofficial) over eighteen long months during which the delegates worked to produce a document “sufficiently definite to have real significance both as an inspiration and a guide to practice” but “sufficiently general and flexible to apply to all men, and to be capable of modification to suit people at different stages of social and political development.” The result was the *Universal Declaration of Human Rights*, adopted by the UN General Assembly in Paris on December 10, 1948. At its adoption, Eleanor Roosevelt, chair of the Commission and its Drafting Committee, told the United Nations:

> We stand today at the threshold of a great event both in the life of the United Nations and in the life of mankind. This Universal Declaration of Human Rights may well become the international Magna Carta of all men everywhere.

And so it has been. Recognized by the *Guinness Book of World Records* as the most translated document in history, the *Universal Declaration* has become “the most universal document in the world.” It “has been adopted in or has influenced most national constitutions since 1948. It has also served as the foundation for a growing number of national laws, international laws, and treaties, as well as regional, national, and sub-national institutions protecting and promoting human rights.”

At a more practical level, notes Harvard Law Professor Mary Ann Glendon:

> The most impressive advances in human rights—the fall of apartheid in South Africa and the collapse of the Eastern European totalitarian regimes—owe more to the moral beacon of the *Declaration* than to the many covenants and treaties that are now in force. Its
nonbinding principles, carried far and wide by activists and modern communications, have vaulted over the political and legal barriers that impede efforts to establish international enforcement mechanisms.8

Even so, continues Glendon, “time and forgetfulness are taking their toll. Even within the international human rights movement, the Declaration has come to be treated more like a monument to be venerated from a distance than a living document to be reappropriated by each generation. Rarely, in fact, has a text been so widely praised yet so little read or understood.”9

The position of family in the Universal Declaration

Family is mentioned several times throughout the Universal Declaration,10 and is the primary focus of Article 16, beginning in the first two paragraphs with “the right to marry and to found a family,” and the “equal rights” of the spouses. Paragraph 3 then provides a deceptively simple description of the family's relationship to society:

The family is the natural and fundamental group unit of society and is entitled to protection by society and the State.

According to human rights scholar Manfred Nowak, the intent behind the phrase “natural and fundamental group unit of society” was “to emphasize that despite various traditions and social structures, a pillar of all societies is the family as the smallest group unit,” while the language “entitled to protection by society and the State” was meant to “shield the family as the cornerstone of the entire social order.”11

This language, that became section 3 of Article 16, originated with a proposed amendment by Charles Malik, the first Lebanese ambassador to the US and the UN, and a man of tremendous talent12 who is recognized as “the pivotal figure in the work of the commission”13 and was touted by his fellow delegates as the “driving force” behind much of the document.14 Malik’s proposed amendment read as follows:

The family deriving from marriage is the natural and fundamental group unit of society. It is endowed by the Creator with inalienable rights antecedent to all positive law and as such shall be protected by the State and Society.15

Malik explained his rationale. “He said that he had used the word ‘Creator’ because he believed that the family did not create itself…. He also contended that the family was endowed with inalienable rights, rights which had not been conferred upon it by the caprice of men.” Malik further “maintained that society was not composed of individuals, but of groups, of which the family was the first and most important unit; in the family circle the fundamental human freedoms and rights were originally nurtured.”16

Speaking later of those key groups, “this whole plenum of intermediate institutions spanning the entire chasm between the individual and the State,” Malik declared he was convinced that they are “the real sources of our freedom and our rights.”

The Family and the MDGs
We speak of fundamental freedoms and of human rights; but, actually, where and when are we really free and human? Is it in the street, is it in our direct relations to our State? Is it not rather the case that we enjoy our deepest and truest freedom and humanity in our family, in the church, in our intimate circle of friends, when we are immersed in the joyful ways of life of our own people, when we seek, find, see, and acknowledge the truth?17

Malik was articulating not only his personal view, but also that of the other principal framers, who, “though they differed on many points, were as one in their belief on the priority of culture.” The French delegate, René Cassin, wrote that: “In the eyes of the Declaration’s authors, effective respect for human rights depends primarily and above all on the mentalities of individuals and social groups.” And Eleanor Roosevelt, who had directed the drafting process, asserted: “Where, after all, do universal human rights begin? In small places, close to home.” According to Mary Ann Glendon, these, and similar statements by others, reveal something important about the Universal Declaration:

Those convictions of the framers undergird one of the most remarkable features of the Declaration: its attention to the “small places” where people first learn about their rights and how to exercise them responsibly—families, schools, workplaces, and religious and other associations. These little seedbeds of character and competence, together with the rule of law, political freedoms, social security, and international cooperation, are all part of the Declaration’s dynamic ecology of freedom.18

This key premise underlying the Universal Declaration invests its family provision with colossal significance, for of all those “small places”—or, to use Malik’s words, among the “whole plenum of intermediate institutions spanning the entire chasm between the individual and the State”—the only one mentioned in the Universal Declaration as having rights per se is the family, rights that the State itself is made expressly responsible to protect. Adding to this emphasis on family are the Universal Declaration’s statements that “Motherhood and childhood are entitled to special care and assistance,” and that “Parents have a prior right to choose the kind of education that shall be given to their children.”19

It is no exaggeration to say that in the Universal Declaration the family is at the very center of rights. The family is fundamental because, among other things, it is the seedbed of all the other rights delineated in the Universal Declaration. To make the world new following the devastation of the most destructive war in history, the UN built its structure of universal human rights squarely on the foundation of the family.

The flexible family provision

The portion of Malik’s proposed family language that did not pass was the reference to the Creator, deleted by vote after the Soviet delegate objected: the Universal Declaration, he insisted, “was meant for mankind as a whole, whether believers or unbelievers.”20
Likewise in Article 1, other proposed references to deity did not make it into the final text after an appeal by the distinguished Chinese delegate, Peng-chun Chang. As summarized by one scholar, Chang explained that his country “comprised a large proportion of humanity, and its people had ideals and traditions different from those of the West.” And as he had refrained from imposing Chinese ideals, “he hoped his colleagues would show similar consideration” and not mention God. Nor would this be a great loss to believers, for “those who believed in God, he suggested, could still find the idea of God in the strong assertions that all human beings are born free and equal and endowed with reason and conscience.”

Thus it happened that the Universal Declaration was left with no express reference to deity, a fact upon which Eleanor Roosevelt later commented:

Now, I happen to believe that we are born free and equal in dignity and rights because there is a divine Creator, and there is a divine spark in men. But, there were other people around the table who wanted it expressed in such a way that they could think in their particular way about this question, and finally, these words were agreed upon because they… left it to each of us to put in our own reason.

Reading one’s “own reason” into the Universal Declaration is easily done in the Article 16 provision calling the family “the natural and fundamental group unit of society… entitled to protection by society and State.” Although shorn of its proposed reference to a Creator, the language is, according to University of Chicago Professor Don Browning, “less than Malik wanted, but more than first meets the eye.” For “the words ‘natural,’ ‘fundamental,’ and ‘group unit’ were retained and are not meaningless. Furthermore, they point to some model of natural law.” And “since society and the state are to protect the family, it is clear that Malik’s formulation deprives society and state of the power to grant the family its basic rights. These rights are independent of these social entities.”

Those predisposed to believe that the rights mentioned in the Universal Declaration originate with a Creator can find ample support in its language echoing both the 1789 French Declaration of the Rights of Man (declared “in the presence and under the auspices of the Supreme Being”) and the US Declaration of Independence (holding that all men are “endowed by their Creator with certain unalienable Rights”). And for the adherents of the world’s three Abrahamic religions, who believe that the Creator created the family, the Universal Declaration family language is flexible enough to be thus read.

But just as Eleanor Roosevelt and the other framers intended, one need not embrace any theistic paradigm to appreciate the insights provided by the Universal Declaration regarding the “natural” function of the family in human civilization. According to Richard Wilkins:

Article 16(3) of the Universal Declaration of Human Rights embodies fundamental truths that, for too long, have not been given their deserved attention and respect…. As reflected in the precise and elegant terms of the Universal Declaration, the family is not
merely a construct of human will or imagination. The family has a profoundly impor-
tant connection to nature. This connection begins with the realities of reproduction
(underscored by recent studies which demonstrate that children thrive best when raised
by married biological parents) and extends to the forces that shape civilization itself. It
encompasses, among other things, the positive personal, social, cultural, and economic
outcomes that current research suggests flow from a man learning to live with a woman
(and a woman learning to live with a man) in a committed marital relationship. The
family, in short, is the “natural and fundamental group unit of society” precisely because
mounting evidence attests that the survival of society depends on the positive outcomes
derived from the natural union of a man and a woman.26

In addition, according to Wilkins, the Universal Declaration description of the family
“expertly reflects wisdom distilled from the entire course of human history.”27

From China, the oldest continuous civilization on earth, comes timeless insight
on the family by Confucius, who happens to top the list of the ten all-time greatest
thinkers as identified by eminent historian Will Durant. Confucius’ towering insight,
says Durant, was the process by which human society can achieve maximum peace
and bliss. Born in the sixth century B.C. after the ancient glory of China had declined,
Confucius insisted that to restore the luster of his homeland would require a return to
ancient and proven principles:

The illustrious ancients, when they wished to make clear and to propagate the highest
virtues in the world, put their states in proper order. Before putting their states in proper
order, they regulated their families. Before regulating their families, they cultivated their
own selves…. When their selves were cultivated, their families became regulated. When
their families became regulated, their states came to be put into proper order. When their
states came to be put into proper order, then the whole world became peaceful and happy.28

What was true in China was likewise true outside of China. For despite the inevitable
iterations and variations in families across ancient civilizations,29 the natural order of
family and its foundational role in civilization has been remarkably constant. Surveying
the earliest records of Egypt and Mesopotamia, Professor John Gee explains:

The family as we know it historically, and not as some people have recently tried to re-
define it, goes back at least as far as we have human records. It has been civilization’s most
fundamental and enduring institution. The basic unit of the family is unchanged…. During periods of societal breakdown…. the family is the one, and sometimes the only,
unit of society to survive. When the family is destroyed…, the impact on society is cata-
strophic: society ceases to exist as a functioning historical entity.30
In ancient Judaism, and continuing down through today, family was the foundation for all human growth and progress, beginning with the divine creation of the first couple, which Judaism saw as a pattern: “The joining of Eve to Adam,” notes Harvard professor Gary Anderson, “will be a model for every subsequent human marriage.”

Millennia later came Abraham and Sarah, to whom God promised abundant posterity who would bless all nations. Thus, “in the beginning, the concept of the Jewish family merged with the history of one family, that of Abraham, whose itinerary established modes of thought and behaviour which invested the family with a major role in relation to both the temporal dimension and the history of mankind.”

In a word, family is everything in Judaism.

Among the ancient Greeks, the learned Aristotle—student of Plato and tutor of Alexander the Great—“located the family between the individual and the city as a grouping necessary to the proper functioning of a political structure.”

The Roman statesman Cicero held that “the family, itself the basic natural human association in which all things are held in common, is the foundation of the city and the nursery of the state.”

For the continent of Africa, the family has always been vital. Acclaimed author Richard Dowden tells that “the self-made man does not exist in Africa…. In Zulu, there is a saying: ‘One is a person through others’…. Africans know who is family and know where they come in it, both vertically and horizontally. A man without a family is no-one. He is nothing.”

Referring to the family in sub-Saharan Africa, Mwelwa C. Musambachime, Zambia’s ambassador to the United Nations, explained:

The family is not just a social symbol or a group through which one is identified with. It is a social system that binds, protects, supports, educates and takes pride in its own members…. Individually or in groups, members of each family perform many functions: economic production sometimes divided and based on gender, education and training, religious instruction…. What one has is regarded as belonging to all members of the clan. Food, livestock or clothes are shared with as many as possible depending on need. This is reciprocal. Other members of the family do the same when they have the means, skills, time to give or share, or other comparative advantages…. [This] ensures cohesion among the members of each family and strengthens their bonds to each other…. Proverbs are used to teach the young the importance of family.

The role of the family in Britain was summarized by Sir Winston Churchill, who was most famous for his role as Prime Minister, but was also an accomplished historian. “There is no doubt,” said Churchill, “that it is around the family and the home that all the greatest virtues, the most dominating virtues of human society, are created, strengthened and maintained.”

And in the United States, the family’s central role from the beginning was emphasized by President Ronald Reagan:

The family has always been the cornerstone of American society. Our families nurture, preserve, and pass on to each succeeding generation the values we share and cherish, values that are the foundation of our freedoms…. [T]he strength of our families is vital to the strength of our Nation.
Constitutional expressions of family

But perhaps the most telling descriptions of family are those contained in national constitutions throughout the world, those highest legal expressions of sovereign self-definition. The impressive thing is how readily and consistently those jealously sovereign nations acknowledge that the fundamental unit of society is not the State but rather the family—notwithstanding the vast cultural, religious and geographic differences between nations.

The constitutions of Malawi and Namibia track precisely the Universal Declaration language that “the family is the natural and fundamental group unit of society.” Similar language with slight variations (some prefer the words “constituent” or “element” rather than “unit”) are found in the constitutions of Burundi, Eritrea, Ethiopia, Iran, Ireland, the Kyrgyz Republic, Madagascar, Moldova, Portugal, São Tomé and Príncipe, and Seychelles.

Several other nations use similar language but with some elaboration. Cape Verde calls the family the “fundamental element and basis of all society.” Costa Rica terms it “the natural element and basis of society.” East Timor refers to it as “society’s basic unit and condition for the harmonious development of the person.” Iran designates it “the fundamental unit of society and the main centre for the growth and edification of the human being.” Ireland dubs it “the natural primary and fundamental unit group of Society, and… a moral institution possessing inalienable and imprescriptible rights, antecedent and superior to all positive law.”

Other nations employ biological imagery to assert the autonomous and indispensable nature of the family. “Families are the cells of society,” says the constitution of Viet Nam, while Burkina Faso describes the family as “the basic cell.” Cuba and Ecuador call it “the fundamental cell” of society, while Armenia terms it “the natural and fundamental cell.” Sometimes the family is described in terms emphasizing its central and controlling role. Qatar, Saudi Arabia and Yemen proclaim the family to be the “nucleus” of society. For Angola and Colombia, the family is the “basic nucleus,” and for Chile and Nicaragua it is the “fundamental nucleus.” Guatemala’s terminology is similarly evocative.
of life and growth, but using a fuller description: the family is “the primary and funda-
mental genesis of the spiritual and moral values of the society and the State.”44

Yet, other countries view the family as a kind of footing or support. Bahrain,
Egypt, Estonia, Lithuania, Somalia, United Arab Emirates and Uruguay all recognize
the family as the “basis of society.” El Salvador and Papua New Guinea classify it as the
“fundamental basis of society.” Rwanda calls it the “natural basis of Rwandan society,”
while the Central African Republic refers to it as “the natural and moral basis of the
human community.” Chad similarly depicts it as “the natural and moral base of the so-
ciety.” Estonia describes it as “fundamental for the preservation and growth of the na-
tion, and as the basis for society.”45

Still other constitutions prefer to speak of the family as “the foundation of soci-
ey,” as do Azerbaijan, Brazil, Equatorial Guinea, Haiti, Libya, Paraguay, Tajikistan and
Turkey. Andorra designates the family as “the basic foundation of society,” while
Cameroon acknowledges it as “the natural foundation of human society.” The Philip-
pines calls it “the foundation of the nation,” while Niger affirms it to be “the natural
and moral foundation of the human community.”46

Perhaps the most poignant imagery comes from nations literally built on the
ageless solidity and stability of stone. The desert nation of Kuwait describes the fam-
ily as “the corner-stone of Society,” while Greece, whose ancient cities were often built
on or around rocky hills which served as natural citadels, describes the family as “the
cornerstone of the preservation and the advancement of the Nation.”47

Such expressions are not empty rhetoric, but iceberg-like manifestations of deep
and enduring experience. In the case of Viet Nam, for example, the constitutional
provision calling families “the cells of society” reflects the underlying reality as re-
cently described by that nation’s Permanent Representative to the United Nations:

In Viet Nam, the family has always been conceived as a cell of society, as a place where
family members receive, inherit and pass on the nation’s invaluable traditional values
such as patriotism, love of freedom, national pride, self-reliance, assiduity, creativity and
love and care of each other. Throughout the 4,000-year history of Viet Nam, the fam-
ily has played an essential role in national defense, socio-economic development and in
the preservation and promotion of cultural values.48

This chorus of constitutional statements provides a clear warning that the fam-
ily is not to be subordinated to any political agenda, but should be diligently protected
and empowered—as most of these same constitutions insist. Sovereign nations must at
all costs preserve their most precious asset and the very basis of their society, the family.

**The family in times of trouble**

Sometimes the significance of family becomes most obvious in times of greatest tribu-
ation. No continent on earth has been plagued with greater challenges to human ex-
istence than Africa. How her people have managed to survive is attested to in a
remarkable declaration by the African Union:
In Africa, due to its multiple roles and functions, the centrality, uniqueness and indispensability of the family in society is unquestionable. For generations, the family has been a source of strength for guidance and support, thus providing members with a wide circle of relatives on whom they can fall back. In times of crisis, unemployment, sickness, poverty, old age, and bereavement, most people rely on the family as the main source of material, social and emotional support and social security. Therefore, the African family network is the prime mechanism for coping with social, economic and political adversity in the continent.49

One poignant example comes from the story of Immaculée Ilibagiza, Tutsi survivor of the Rwandan holocaust. Her unforgettable chronicle demonstrates that it was from her family while growing up that she had received the inner strength needed not only to survive the horrific genocide but also eventually to forgive those who had murdered her people—including her family.50 To her family she dedicates her book: “You make heaven a brighter place, and I will always love you.”

In such times of trouble, family can indeed be “an anchor in life, a base to which one can always return,”51 as has been the case in Poland. Several years ago I participated in the planning event in Warsaw for the upcoming World Congress of Families IV.52 One of the Polish leaders with whom we met was an articulate Catholic priest who spoke of the challenges his nation had endured, including, in the twentieth century, everything from Nazi occupation and decimation to Soviet tyranny. How had they weathered these terrible storms? His answer impressed us: It was the strength of Polish families that had seen them through. Poland had survived, he insisted, thanks to her strong families.

His words reminded me of something I had heard years earlier, when a colleague and I had the honor of traveling with Her Excellency Ellen Sauerbrey, US Ambassador to the Commission on the Status of Women, through Central America. In one country we were told by a courageous woman about the ordeal her family had suffered during a terrible revolution. Many had chosen to flee abroad, she explained, but she and her husband had decided that the greatest thing they could do for their country was to stay and endure—as a family. Doing so, they found that the last bastion of hope and strength was precisely their family.

On that same trip, in another country, as we sat with the nation’s president in his office surrounded by his staff, he spoke of the foundational role the family played in his country. One statement he made was particularly memorable: Every major problem his nation was facing—and the problems were legion and seemingly intractable—stemmed directly from the breakdown of the family. The importance of family had become clear only when society was literally unraveling because of the breakdown of the family.

The same phenomenon was seen more recently in the wake of the wanton destruction of property in Britain by hordes of young rioters. It was clear, responded Prime Minister David Cameron, that the riots were not about race, not about government cuts, nor even about poverty. So “the question hangs in the air: ‘Why? How could this happen on our streets and in our country?’” The answer, Cameron insisted, was that “this was about behaviour…, people with a complete absence of self restraint…. So this must
be a wake-up call for our country. Social problems that have been festering for decades have exploded in our face.” The solution, Cameron insisted, must begin at home:

The question people asked over and over again last week was “where are the parents? Why aren’t they keeping the rioting kids indoors?” Tragically that’s been followed in some cases by judges rightly lamenting: “why don’t the parents even turn up when their children are in court?”... Well, join the dots and you have a clear idea about why some of these young people were behaving so terribly. Either there was no one at home, they didn’t much care or they’d lost control…. If we want to have any hope of mending our broken society, family and parenting is where we’ve got to start.53

Nearly a half century after adoption of the Universal Declaration, as the twentieth century was drawing to a close and people were preparing for a new millennium, many paused to take stock. World population had risen from 1.6 billion in 1901 to 6.1 billion by 2000, despite the terrible toll—estimated as high as 400 million lives—taken by war, genocide and mass murder.

Contributing to that devastation was the new and brutally effective weaponry of mass destruction, while advances in science, technology and medicine had lifted much of humanity to an unprecedented standard of living and comfort. Developed countries were enjoying increased affluence, while a billion of earth’s inhabitants languished in extreme poverty, often in the squalor of nightmarish slums scattered across Africa, Asia and Latin America.

Not surprisingly, the greatest burdens fell upon women, often oppressed and marginalized. Compounding these problems was the unduly high rate of illiteracy among the world’s poor, effectively keeping them locked in their prison of poverty. Meanwhile, Africa was a special case—decimated by corruption and conflict while ravaged by famine, malaria and the alarming AIDS pandemic, which threatened entire populations and orphaned literally millions of children.

Acting to alleviate the world’s suffering, and with special focus on helping children, the United Nations convened the largest gathering of world leaders in history. Representing 189 Member States, the Millennium Summit met in September 2000 at UN headquarters in New York, and adopted the United Nations Millennium Declaration—a commitment to combat poverty, hunger, disease, illiteracy, environmental degradation, and discrimination against women. Building on that declaration, those same leaders then adopted eight specific goals – the Millennium Development Goals (MDGs) – to be achieved by the year 2015.54

This colossal commitment was grounded, as the Millennium Declaration expresses, in the principles of not only the UN Charter but also the Universal Declaration, which the signers resolved to “respect fully and uphold.”55 Implicit, then, in the
achievement of the MDGs is the basic principle that the family is the natural and fundamental group unit of society, entitled to protection by society and the State. Remarkably, however, this point remained unexpressed in both the Millennium Declaration and the MDGs.56

Just four years later, in 2004, powerful voices in the United Nations and around the world trumpeted the fact that any successful development effort must begin with the family. The occasion was the 10th anniversary of the International Year of the Family.

UN celebration of the 10th anniversary of the International Year of the Family

By proclamation of the General Assembly, the year 1994 was observed as the International Year of the Family, and celebrated in the United Nations with a three-day conference in December. It was further decided that the UN would commemorate the 10th anniversary. On July 23, 2004, Secretary-General Kofi Annan presented a report in which he stated:

Families have major, albeit often untapped potential to contribute to national development and to the achievement of major objectives of every society and of the United Nations, including the eradication of poverty and the creation of just, stable and secure societies.57

Months later, during the General Assembly plenary devoted to observance of the 10th anniversary on December 6, 2004, the assembled representatives of the world’s nations heard these words from Secretary-General Annan:

Concern for the wellbeing of families dates back to the earliest days of the United Nations. The Universal Declaration of Human Rights proclaims the family to be the “natural and fundamental group unit of society . . . entitled to protection by society and the State” (resolution 217 A (III), article 16, para. 3). Our long-standing work for children, for the advancement of women, for health, for literacy and for social integration reflects an enduring, system-wide commitment to families.

The International Year of the Family was meant to intensify this focus and to promote greater awareness of what families contribute to economic development and social progress in all societies all over the world. Indeed, the Year’s most far-reaching achievement was to raise the profile of a family perspective, which had never received attention commensurate with its importance.…

This anniversary is an opportunity to reaffirm the importance and centrality of the family. But it should also incite us to do more to address the challenges that families face…. In spite of strains and adversity, families are proving resilient, often in remarkable ways. They are doing their best to pull together and to continue serving as a source of strength and inspiration for their members. But they need help. Governments need to do more to help families adapt and thrive, so that they can, in turn, fulfill their social, cultural and economic roles.

One major challenge is to integrate family concerns with broader development and poverty eradication efforts. We must not forget that the family is a vital partner in efforts to achieve the Millennium Development Goals and the many other objectives set by the international community during the last decade.
Strong, healthy family structures are essential for human well-being as well. Families are often our first line of support. Policies and programmes must recognize such contributions. The United Nations, for its part, will continue to draw attention to family issues and to support Governments and civil society in their efforts to address them.58

Another speaker was US representative Wade Horn, who focused on how the family is instrumental in human development at a personal level:

Throughout the ages, political philosophers, social historians, and civic and religious leaders have praised the family as the foundation of the social order, the bedrock of nations, and the bastion of civilization…. The fact is that family is a universal and irreplaceable community, rooted in human nature and the basis for all societies at all times. As the cradle of life and love for each new generation, the family is the primary source of personal identity, self-esteem, and support for children. It is also the first and foremost school of life, uniquely suited to teach children integrity, character, morals, responsibility, service, and wisdom…. The state's foremost obligation… is to respect, defend, and protect the family as an institution.59

And drawing on the experience of his country, Bangladesh Ambassador Iftekhar Ahmed Chowdhury made this statement about the relationship of family to the Millennium Development Goals:

Values and cultures are not static. They change with time. They differ from place to place. They vary with ethnic origins and religious affiliations. But despite these differences, one element remains constant in all. It is the belief that the family is society’s core component…. The attainment of every Millennium Development Goal must begin with the family. The family is the main instrument of societal transformation.60

The Plan of Action on the Family in Africa

Among the major events celebrating family during the 10th anniversary were two sponsored by very different entities, the African Union and the Doha International Institute for Family Studies and Development. Notably, their conclusions about the role of family are similar.

At the Regional Conference of the Family in Africa held on July 27-28, 2004, in Cotonou, Benin, the African Union adopted the Plan of Action on the Family in Africa. From the multitude of factors that the African Union might have chosen as the core of its continent’s desperately needed development process, it chose the family, as stated in the opening paragraph:

Recognition that the family is the basic and most fundamental unit of society, a dynamic unit engaged in an intertwined process of individual and group development, justifies the need to place the African family at the core of society which needs to be strengthened as part of Africa’s development process.61
Later the document describes how the family has been Africa’s means of survival throughout the continent’s sundry trials:

It is the principal focus for socialization and education of children and is central to the process of human rights education. In all societies, the family is the setting for demographic reproduction and the seat of the first integration of individuals to social life. As a result, the family is at the centre of the dynamics which affect all societies. Traditionally, Africa’s development has been a result of the strength of the family. Large families were a source of labour and an indication of prosperity. The extended family system ensured that the poor families were generally supported by the rich. The unity within the family ensured its survival in cases of internal conflicts, crises and adversity.62

As the African Plan of Action looked toward the future, the family remained pivotal to progress and development:

The family continues to play a crucial role in Africa’s development and development efforts that are family-centred are key to sustainable socio-economic development.... It is imperative that the African family be well positioned to play a crucial role in the implementation of the Millennium Development Goals.63

The Doha Conference on the Family and the Doha Declaration

What the African Union knew to be true about the family in Africa, the Doha International Conference on the Family found to be true about the family worldwide. Organized under the patronage of the nation of Qatar, the conference included regional meetings in Mexico City, Stockholm, Geneva and Kuala Lampur, with the final session in Doha on November 28-29, 2004. The conference “brought together a unique group of international actors from strikingly diverse cultures, political systems, and faiths,” resulting in “extensive evidence” demonstrating that “all peoples and cultures of the world are united by shared understandings related to the natural family.”64

Among the participating scholars was Dr. Maria Sophia Aguirre, Associate Professor from the Department of Business and Economics of the Catholic University of America. To the question she posed at the outset—“Is the family relevant for economic development?”—she gave this answer:

Data from across countries and sciences seem to clearly suggest that the family should be the point of reference if sustainable development is to be achieved. This is not so because the family is a problem to economic development—it is the solution. It is within the family where human, moral, and social capital, all sine qua non conditions for an economy to develop, are either encouraged and nurtured or hampered. Children develop best within a family that is functional, i.e., with a mother and a father in a stable marriage. This means that the family is a necessary good for economic development, and thus it should be promoted and protected if sustainable development is to be achieved. At the same time, data across sciences also show that the breakdown of the
family damages the economy and the society since human, moral, and social capital is reduced and social costs increased.\textsuperscript{65}

Perhaps the most distinguished scholar to participate in the Doha process was University of Chicago Professor Gary S. Becker, recipient of the 1992 Nobel Prize for Economics and the US Presidential Medal of Freedom in 2007. Despite what Dr. Becker called the “revolutionary alterations” in the family over the last fifty years, it yet remains “the one institution that is ultimately crucial to the functioning of society.” Pointing to the example of Asia, Becker noted that although its nations “have not been immune” to the sweeping changes in the family, yet “they have, during the process, maintained a strong reliance on the family. I think,” continued Becker, “there is a connection there—not yet proven by economists, but I believe some day it will be proven that there is a connection—between the rapidity of the Asian economic growth and the fact that they have had this very powerful attachment to the family.”\textsuperscript{66}

The culmination of the Doha conference was the issuance of the \textit{Doha Declaration} stating: “the academic, scientific and social findings collected for the Doha International Conference . . . collectively demonstrate that the family is not only the fundamental group unit of society but is also the fundamental agent for sustainable social, economic and cultural development.”\textsuperscript{67} But the clearest statement of what the Doha conference demonstrated was made by the conference organizer, Her Highness Sheikha Moza Bint Nasser, Consort of His Highness The Emir of Qatar, Chairperson of Qatar Foundation for Education, Science and Community Development. Her words are also a call to action:

\begin{quote}
Safeguarding the family, as noted in Article 16(3) of the Universal Declaration of Human Rights, is a prerequisite for promoting national progress…. Accordingly, there is an urgent need for a new mentality that sees the family as part of the solution rather than part of the problem. In other words, what is required is a mentality that does not treat the family as an impediment to social progress and development, but rather as the driving force behind it. Such an approach, in my opinion, requires adoption of references and standards that will safeguard the rights of the family and ensure its integration as an effective and constructive factor in all national, regional, and international development programs.\textsuperscript{68}
\end{quote}

**Moving Forward with Family-Centered Development**

\textbf{Breaking the march of folly}

At the outset of her acclaimed book, \textit{The March of Folly}, noted historian Barbara Tuchman observed:

\begin{quote}
A phenomenon noticeable throughout history regardless of place or period is the pursuit by governments of policies contrary to their own interests. Mankind, it seems, makes a poorer performance of government than of almost any other human activity. In this sphere, wisdom, which may be defined as the exercise of judgment acting on experience, common sense and available information, is less operative and more frustrated than it
should be. Why do holders of high office so often act contrary to the way reason points and enlightened self-interest suggests? Why does intelligent mental process seem so often not to function? Why, to begin at the beginning, did the Trojan rulers drag that suspicious-looking wooden horse inside their walls despite every reason to suspect a Greek trick?69

And why, it might also be asked, is there not now a conscious and ardent effort at every level to acknowledge and strengthen the family as (what Sheikha Moza Bint Nasser rightly called) the “driving force” behind all development? For example, after all that has been attested and affirmed about the family’s pivotal role in development, how is it that in the outcome document of the 2010 Summit on the Millennium Development Goals,70 there is no mention whatsoever of the family’s role in meeting the MDGs?

In the chapters that follow in this book, the respective authors look at the connection of each MDG to the family. In addition, there are on record—including in the declarations and outcomes during the 10th anniversary of the International Year of the Family—various prescriptions of how the family can be strengthened and incorporated into development plans. Even so, the following three principles seem elementary and worth mentioning here.

First, do no harm

This famous phrase (from the Latin primum non nocere) is one of the principal tenets of medical ethics and a guiding principle for emergency medical services around the world. It is equally essential for policy decisions affecting the family. Over three decades ago in Minnesota, the annual conference of the Association of Family Conciliation Courts heard this statement by Ted Bowman, Family Development Coordinator of the Family and Children’s Service in Minneapolis:

If you were to ask me to focus on one issue that stands out above all others for concern relative to family life, I would quickly speak of the tension between intimacy and individualism.... From the early sixties to the present... and the end is not yet in sight... there has been movement after movement that has fostered individual rights and self-expression... While the injustices which these social movements have been addressing needed and deserved our attention and change, we have, in responding to individual needs, neglected assisting persons with another need... that for intimacy.71

Bowman astutely identified the very concept that would become a divisive reality at the international level: the troubled intersection of individual rights with the rights of the family. Richard Wilkins has pointed out the “curious new development” as the UN has, in the last two decades, concerned itself with social policy. “In order to improve the social and political standing of women—a goal that is quite laudable—international law has become unusually hostile to long-standing notions of marriage, the natural family and the rearing of children,”72 Muslim scholar Farooq Hassan likewise deplores the “clear tendency to sacrifice the rights of the family and much of its historically based privileged status in favor of narrow and newly developed human rights.”73
This phenomenon of viewing individual rights in isolation threatens the entire structure of rights, according to Professor Mary Ann Glendon:

The [Universal] Declaration’s ability to weather the turbulence ahead has been compromised by the practice of reading its integrated articles as a string of essentially separate guarantees. Nations and interest groups continue to use selected provisions as weapons or shields, wrenching them out of context and ignoring the rest . . . . Forgetfulness, neglect, and opportunism have thus obscured the Declaration’s message that rights have conditions—that everyone’s rights are importantly dependent on respect for the rights of others, on the rule of law, and on a healthy civil society.74

A healthy civil society rests squarely on the wellbeing of its “natural and fundamental group unit”—the family. To pursue any agenda that undercuts or undermines the family—even in the name of rights—will in the end prove a march of folly. The first principle for development must be to “do no harm” to the family.

**Second, provide the widest possible protection and assistance to the family**

Building on the *Universal Declaration* language that the family is “entitled to protection by society and the State,” a number of United Nations treaties and conference documents have stated that the family is entitled to “comprehensive protection and support.”75 But the strongest language comes from the *International Covenant on Economic, Social, and Cultural Rights*: “The widest possible protection and assistance should be accorded to the family.”76

This is surely the standard for every nation seeking to protect and assist the institution that is the very key to its development and success. The US representative to the General Assembly on the 10th anniversary of the International Year of the Family may well have been correct when he proclaimed that “the State’s foremost obligation… is to respect, defend, and protect the family as an institution.”77

Such support must not be an afterthought or left to chance. One example of what is possible at a national level is what President Ronald Reagan did for the United States in 1987. By executive order, he established criteria with which the formulation and implementation of all federal policies and regulations must be assessed as to their potential impact on the family.78

**Third, place the family squarely at the center of development**

President Reagan further declared:

It is a time to recommit ourselves to the concept of the family—a concept that must withstand the trends of lifestyle and legislation. Let us pledge that our institutions and policies will be shaped to enhance an environment in which families can strengthen their ties and best exercise their beliefs, authority, and resourcefulness.79
The Family

He was speaking to America but his words have universal relevance. As what historian Will Durant calls “the ultimate foundation of every civilization known to history,” the family remains the very key to development.

The commitments made at Beijing and Copenhagen to enact “policies that strengthen the family and contribute to its stability,” and “policies and programmes to help the family . . . [in] its supporting, educating and nurturing roles,” are good as far as they go, but no development effort can fully succeed unless the family is expressly placed at the center. Secretary-General Kofi Annan stated:

We must not forget that the family is a vital partner in efforts to achieve the Millennium Development Goals and the many other objectives set by the international community during the last decade.

Vital partner, yes, and more: the Doha Declaration rightly refers to the family as “the fundamental agent for sustainable social, economic and cultural development.” What Bangladesh Ambassador Iftekhar Chowdhury told the UN General Assembly has worldwide application: “The attainment of every Millennium Development Goal must begin with the family. The family is the main instrument of societal transformation.” Worldwide, the family is indeed the starting point, the indispensable and irreplaceable foundation for all successful development. The family is ground zero for the Millennium Development Goals.

ENDNOTES

8. Glendon, 236.
9. Ibid., xvii.
10. “No one shall be subjected to arbitrary interference with his privacy, family, home, or correspondence…. Everyone who works has the right to just and favourable remuneration ensuring for himself
and his family an existence worthy of human dignity…. Everyone has the right to a standard of living adequate for the health and well-being of himself and of his family…. Motherhood and childhood are entitled to special care and assistance…. Parents have a prior right to choose the kind of education that shall be given to their children.” Universal Declaration, articles 12, 23, 25, 26.


12. Malik, a Greek Orthodox Arab, was not only the Commission’s Rapporteur (three years later he would succeed Eleanor Roosevelt as its chair) but also served on its Drafting Committee. During the drafting process he would also serve as president of the Economic and Social Council, and, of more direct importance to the outcome document, as chairman of the Third Committee. Having studied under Martin Heidegger in Germany and under Alfred North Whitehead at Harvard, where he earned a Ph.D., Malik had been a professor of philosophy at the American University in Beirut, and later held professorships at a number of American universities, including Harvard and Notre Dame. Malik would serve as President of the UN General Assembly, and back in his homeland as Minister of National Education and Fine Arts, and then as Minister of Foreign Affairs. Malik was also a noted theologian and prolific author, and served as Vice-President of United Bible Societies and President of the World Council on Christian Education.


18. Glendon, 239-240.

19. Universal Declaration, art. 26(3).

20. Morsink, 255.

21. Glendon, 146-147; Morsink, 30.

22. Glendon, 147.


24. *Declaration of the Rights of Man—1789*, preamble, online at http://avalon.law.yale.edu/18th_century/rightsof.asp. The French delegate told the General Assembly that the Universal Declaration, like the French Declaration, “was founded upon the great principles of liberty, equality, and fraternity,” Morsink, 281.

25. Compare the following language:

<table>
<thead>
<tr>
<th>Universal Declaration</th>
<th>Declaration of Independence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Whereas recognition of the inherent dignity and of the equal and inalienable rights of all members of the human family is the foundation of freedom, justice and peace in the world (Preamble)</td>
<td>We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness</td>
</tr>
<tr>
<td>All human beings are born free and equal in dignity and rights. They are endowed with reason and conscience (Article 1)</td>
<td>We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness</td>
</tr>
<tr>
<td>They are endowed with reason and conscience (Article 1)</td>
<td>appealing to the Supreme Judge of the world for the rectitude of our intentions</td>
</tr>
<tr>
<td>The family is the natural and fundamental group unit of society and is entitled to protection by society and the State. (Article 16(3))</td>
<td>That to secure these rights, Governments are instituted among Men</td>
</tr>
</tbody>
</table>

The Family and the MDGs 27

27. Ibid., iii-xiv.


34. "Today, as in the past, everyday life for Jewish families and their individual and collective identity are based on an effective and symbolic kind of genealogical continuity and on their reference to a primordial history—starting with the creation of man and woman and continuing through the generations to the descendants of Noah and the destiny of the Patriarchs (Abraham, Isaac and Jacob) and Mariarchs (Sarah, Rebekah, Rachel and Leah)." Ibid., 156.


42. Constitutions of: Malawi, ch. 4, 22 (1); Namibia, ch. 3, art. 14(3); Burundi, title 3, art. 32; Eritrea, ch. 3, art. 22(1); Ethiopia, ch. 3, pt. 2, art. 34(3); Kyrgyz Republic, sec. 1, ch.2, third sec., art. 26(1); Madagascar, title 2, subtitle 2, art. 20; Moldova, title 2, ch. 2, art. 48(1); Portugal, title 3, ch. 2, art. 67(1); São Tomé and Príncipe, pt. 2, title 3, art. 50(1); Seychelles, ch. 3, pt. 1, 32(1).

43. Constitutions of: Cape Verde, title 6, art. 84; Costa Rica, title 5, art. 51; East Timor, pt. 2, title 2, art. 39(1); Iran, preamble; Ireland, art. 41, 1.1.

44. Constitutions of: Vietnam, ch. 5, art. 64; Burkina Faso, title 1, ch. 4, art. 23; Cuba, ch. IV, art. 35; Ecuador, title 3, ch. 4, third sec., art. 37; Armenia, ch. 2, art. 32; Qatar, ch. 2, art. 21; Saudi Arabia, art. 9; Yemen, pt. 1, sec. 3, art. 26; Angola, pt. 2, art. 29(1); Colombia, title 2, ch. 2, art. 42; Chile, ch. 1, art. 1; Nicaragua, title 4, ch. IV, art. 70; Guatemala, preamble.

45. Constitutions of: Bahrain, ch. 2, art. 5(a); Egypt, pt. 2, ch. 1, art. 9; Lithuania, ch. 3, art. 38; Somalia, ch. 3, sec. 3, art. 56(1); United Arab Emirates, ch. 2, art. 15; Uruguay, sec. 2, ch. II, art. 40 ("the basis of our society"); El Salvador, title 2, ch. 2, sec. 1, art. 32; Papua New Guinea, preamble (5) ("the fundamental basis of our society"); Rwanda, title 2, ch. 1, art. 27; Central African Republic, title 1, art. 6; Chad, title 2, ch. 1, art. 37; Estonia, ch. 2, art. 26.
46. Constitutions of: Azerbaijan, pt. 1, ch. 2, art. 17(I); Brazil, title 7, ch. 7, art. 226; Equatorial Guinea, pt. 1, art. 21; Haiti, title X, art. 259; Libya, ch. 1, art. 3; Paraguay, pt. 1, title II, ch. IV, art. 49; Tajikistan, ch. 2, art. 33; Turkey, pt. 2, ch. 3, I, art. 41; Andorra, title 2, ch. 3, art. 13(2); Cameroon, preamble; Philippines, art. XV, sec. 1; Niger, title 2, art. 18.
47. Constitutions of: Kuwait, pt. 2, art. 9; Greece, pt. 2, art. 21(1).
50. Immaculée Ilibagiza, Left to Tell: Discovering God Amidst the Rwandan Holocaust (Carlsbad, California: Hay House, Inc., 2006). See especially her portrait of family life growing up (pp. 3-12) and the incident regarding accusations against her father (pp. 95-98).
52. The World Congress of Families, online at http://www.worldcongress.org/default.htm, is sponsored by the Howard Center for Family, Religion and Society, and is the world’s largest conference of pro-family leaders and grass-roots activists. World Congresses have convened in Prague (1997), Geneva (1999), Mexico City (2004), Warsaw (2007), and Amsterdam (2009), with the next one scheduled for Madrid (2012). There have also been nineteen regional meetings of the World Congress of Families.
56. The only inclusion of the word “family” or “families” in the Millennium Declaration is in the commitment in paragraph 26 to protect “migrant workers and their families,” and in the generalization in the document’s last paragraph, paragraph 32, that “the United Nations is the indispensable common house of the entire human family.”
59. Ibid., pp. 19-21.
60. Ibid., pp. 24-25.
62. Ibid., 13-14.
63. Ibid., 14, 31.
66. Gary S. Becker, “The Role of the Family in Modern Economic Life,” in Loveless and Holman, eds., The Family in the New Millennium, vol. 1, 4. At the University of Chicago, Dr. Becker has been professor of economics and sociology, and professor in the graduate Booth School of Business. He has also been a senior fellow at Stanford University’s Hoover Institution.
67. The Doha Declaration, preamble, online at http://www.law2.byu.edu/wfpc/intl_conf_doha.html.


74. Glendon, 239.

75. International Conference on Population and Development, Program of Action, Principle, 9; 5.1; Beijing Plan of Action, Fourth World Conference on Women, 29; Copenhagen Declaration on Social Development, World Social Summit for Development], 26-h; 80; Istanbul Declaration on Human Settlements, United Nations Conference on Human Settlements, Agenda, 31; Special Session on Children, 15.
78. Executive Order 12606 was signed by President Ronald Reagan on September 2, 1987 (later revoked by President Bill Clinton) and is online at http://www.archives.gov/federal-register/codification/executive-order/12606.html.

84. The Doha Declaration, preamble.
BEST PRACTICES

THE NATURAL FAMILY

The Howard Center for Family, Religion and Society believes the natural family is the fundamental unit of society; that it is the basis of all healthy and progressive civilizations. The definition of natural family comes from a working group of the World Congress of Families, crafted in May, 1998, in a Second Century B.C. room in the ancient city of Rome. It is informed both by the Universal Declaration of Human Rights (1948) and by the findings of social science. This definition reads:

The natural family is the fundamental social unit, inscribed in human nature, and centered around the voluntary union of a man and a woman in a lifelong covenant of marriage, for the purposes of:

- satisfying the longings of the human heart to give and receive love;
- welcoming and ensuring the full physical and emotional development of children;
- sharing a home that serves as the center for social, educational, economic, and spiritual life;
- building strong bonds among the generations to pass on a way of life that has transcendent meaning;
- extending a hand of compassion to individuals and households whose circumstances fall short of these ideals.

Our use of the term "natural family" is significant in many respects.

- First, the term signifies a natural order to family structures that is common across cultures, historical, and overwhelmingly self-evident.
- Second, the term signifies a wholly defensible expression. "Natural" is not "nuclear," which would limit its scope, nor is it "traditional," which would burden its utility in public discourse. It is what it is, a totally self-evident expression.
- Third, the term "natural" precludes incompatible constructs of the family as well as incompatible behaviors among its members.
- Fourth, the "natural family" is a positive expression. It does not require a discussion of negative incompatibilities to define itself.

The Howard Center for Family, Religion and Society
http://www.profam.org/THC/xthc_tnf.htm